

NATIONAL LOUIS UNIVERSITY TRANSFER GUIDE

AAS in Health Fitness Education (Instruction Option) to BS in Health Care Leadership (2017/2018 Catalog)

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Transfer guides are produced as a service to MCC students. Every effort is made to maintain up-to-date and accurate information; however, this information is subject to change. Such changes take precedence over the information on this guide. Students should work with an MCC advisor and the four-year transfer school. Responsibility for complying with all applicable requirements ultimately rests with the student.

National Louis University's (NLU) BS in Health Care Leadership is a baccalaureate program designed to prepare students to work and lead in a wide range of health care settings: general medical and surgical hospitals, outpatient clinics, assisted living facilities, rehabilitation centers and physicians' offices, as well as health care education, risk management, medical supply and device marketing. The program can be completed through online or campus delivery (Chicago campus). NLU is accredited by The Higher Learning Commission and a member of the North Central Association.

Transfer Options – This transfer guide is for students who are completing the Associate in Applied Science (AAS) degree in Health Fitness Education (Instruction Option).

Application and Admission

- **Application and admission** – For detailed information, please review the following website: <http://www.nl.edu/t4/admissions/undergraduateadmissions>
- **Application deadlines** - rolling admission (there is no set application deadline)
- **Application fee** – no fee for students applying online

Additional Information

- **Scholarship information** – <http://www.nl.edu/t4/financialaid/typesofaid/scholarships/>
- **GPA calculation for admission** - NLU has open admission.
- **Grade requirements** - D grades are not accepted in transfer.
- **Maximum hours from a community college** – 90 semester hours; a minimum of 30 semester hours (45 quarter hours) must be completed at NLU
- **Life Experience Credit** - A portfolio assessment program is available to students who have significant prior learning through career achievements, individual study, or volunteer work.
- **Tuition for 2017/18 Academic Year (Adult Completion Program)** – \$430 per quarter hour

Education Plan – AAS in Health Fitness Education (Instruction Option) to BS in Health Care Leadership

The following plan shows recommended courses toward NLU's BS in Health Care Leadership degree. The grade of C or better must be earned in all coursework.

General Education	Credits	AAS in Health Fitness Education (Instruction Option)	
Communications 2 courses	6	_____ ENG 151 Composition I _____ SPE 151 Intro to Speech	
Humanities & Fine Arts 1 course	3	_____ PHI 151 Intro to Philosophy or _____ PHI 251 Intro to Ethics	
Math, Physical or Life Science 1 course Recommended: BIO157 or 263	4	_____ Life Science Select 1 course from list below: BIO 110 Intro to Human Biology BIO 157 Fundamentals Biology BIO 255 Microbiology BIO 263 Anatomy & Physiology I	
Social and Behavioral Sciences 1 course	3	_____ Social & Behavioral Sciences Select 1 course from list below: ANT 151 Intro to Anthropology ANT 170 Intro to Cultural Anthropology SOC 151 Intro to Sociology SOC 251 Social Problems	
Total MCC Gen. Ed. Credits	16		
AAS in Health Fitness Education Program Requirements			
Program Core	33	_____(1) HFE 121 Strength Training I _____(3) HFE 150 Cont Health Issues or _____(3) HFE 255 Stress Management _____(2) HFE 151 First Aid & CPR _____(2) HFE 170 Fitness Professions _____(3) HFE 171 Exercise Science I _____(2) HFE 175 Grp Fitness Exer Princ _____(2) HFE 176 Strength Conditioning Principles _____(3) HFE 250 Nutrition for Wellness _____(3) HFE 251 Drugs in Cont Society _____(3) HFE 270 Exercise Testing & Prog Design _____(3) HFE 271 Exercise Science II _____(2) HFE 278 Application of Fitness Instruction _____(1-2) HFE 279 HFE Fitness Instruction _____(3) PSY 151 Intro to Psychology	
Health-Fitness Instruction Option 14 credit hours Following will satisfy NLU gen.ed: BIO 263; PSY250, 251 Maximum of 3, 1 credit activity classes	14	_____(4) BIO 263 Human Anatomy & Physiology I _____(3) BUS 110 Business Career Skills _____(3) CDM 110 Computer Literacy _____(1) HFE 103 Karate/Self-Defense I _____(1) HFE 105 Yoga I _____(1) HFE 120 Physical Fitness _____(3) HFE 152 Women's Health Issues _____(3) HFE 161 Personal Fitness _____(2) HFE 202 Lifeguard Training _____(1) HFE 221 Strength Training II _____(3) HFE 252 Issues in Family Violence _____(3) HFE260 Exercise Psych & Motivation _____(3) HFE280 Health Coaching _____(1-3) HFE 290 Topics in HFE _____(3) MKT 130 Professional Selling _____(3) PSY 250 Human Dev Over Life Span _____(3) PSY 251 Child Psychology	
Total Credits	63		

The following chart shows

- NLU general education requirements
- Courses you completed in the AAS degree that satisfy NLU general education requirements
- Additional courses you can take at MCC to complete NLU's general education and free electives

National Louis General Education Requirements and MCC Equivalent Courses (40 semester hours required)	Courses completed through MCC's AAS degree	Additional MCC courses to complete NLU General Education Requirements (Select from far left column)
Communication <i>minimum 2 courses (6 credits)</i> ENG151-; SPE151	2 courses (6 credits) ENG151 & SPE151	Requirement satisfied
Humanities <i>minimum 1 course (3 credits)</i> ENG 240, 251, 253, 254, 255, 256, 260, 261, 270, 271, 272, 275, 276,277; PHI151, 155, 160, 240, 251, 261, 262; Foreign Lang 252 Fine Arts <i>minimum 1 course (3 credits)</i> ART150, 151, 155, 165, 171, 172, 174, 175; JRN 180; MUS 151, 153, 154, 171, 172; THE 151	1 course (3 credits) PHI151 or 251	Select 1 Fine Arts course – (3 credits)
Quantitative Reasoning <i>minimum 1 course (3 credits)</i> MAT 120 or 220		Select 1 course - (minimum 3 credits) MAT 120 or 220
Physical and Life Sciences <i>minimum 1 course (3 credits)</i> BIO 110, 130, 137, 157, 158; CHM 115, 164, 165; EAS 120, 170, 171, 180, 185; GEG 107, 123, 220/221; GEL 105, 110; HRT103; PHY280, 291	1 course (4 credits) BIO110 or 157 or 255 or 263	Requirement satisfied
Social Sciences <i>minimum 1 course (3 credits)</i> ANT151, 155, 160, 170; ECO150, 251, 252; GEG202, 203, 204; HIS131, 132, 165, 170, 172; PLT150, 151, 155, 251, 255; SOC151, 175, 251, 260, 261	1 course (3 credits) ANT151 or ANT170 or SOC151 or SOC251	Requirement satisfied
Behavioral Sciences <i>minimum 1 course (3 credits)</i> PSY151, 250, 251, 255, 260, 265	1 course (3 credits) PSY151	Requirement satisfied
General Education Electives	Instruction Option Electives – The following apply toward NLU General Education <ul style="list-style-type: none"> • BIO263 (4 credits) • PSY250 (3 credits) • PSY251 (3 credits) If you select 1 or more of these 3 courses, you will reduce the number of additional credits needed beyond the AAS degree to satisfy NLU's General Education requirements.	Select 5-15 credits from courses listed in the far left column of this chart. Total additional credits depend on courses you chose for the Instruction Option Electives in the AAS degree and the Quantitative Reasoning course. NLU's General Education requirements must total a minimum of 40 semester hours.
Total NLU General Education – 40 semester hours	19-29 credits	11-21 credits

Free Electives (0-7 credits)

Select from 100 and 200 level MCC coursework.

A total of 81 credits can apply toward the BS in Health Care Leadership: 60 credits from the AAS in Health Fitness and Education; 21 additional credits. Work closely with an MCC and NLU academic advisor to ensure you are taking appropriate courses and the number of credits that will transfer.

National Louis University

Bachelor of Science in Health Care Leadership

With successful completion (C or better) of all MCC coursework recommended on this transfer guide, students complete the following NLU courses to satisfy the BS in Health Care Leadership degree.

Course #	Course Title	Quarter Hours
HCL301	Overview of Health Care Delivery	5
HCL311	Professional Writing and Presentation Skills in Health Care	5
HCL316	Team Development in Health Care	5
HCL320	Educational Delivery and Assessment in Health Care	5
HCL350	Quality Analysis and Improvement	2
PJM300	Overview of Project Management	2
HCL326	Critical Thinking in Health Care	5
HCL410	Principles of Health Care Supervision and Human Resources	5
HCL416	Financial and Physical Resource Administration	5
HCL421	Ethical and Legal Issues in Health Care	5
HCL426	Health Care Information Systems	5
HCL431	Marketing of Health Care Services	5
HCL499	Strategic Analysis and Planning in Health Care	5
Total:		59 Quarter Hours (39 semester Hours)