

NORTHERN ILLINOIS UNIVERSITY
Bachelor of Science in Kinesiology
Bachelor of Science in Education - Physical Education K-12
McHenry County College Transfer Guide
(2019/2020 Catalog)

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Transfer guides are produced as a service to MCC students. Every effort is made to maintain up-to-date and accurate information; however, this information is subject to change. Such changes take precedence over the information on this guide. Students should work with an MCC advisor and the four-year transfer school. Responsibility for complying with all applicable requirements ultimately rests with the student.

The BS Ed in physical education K-12 program is designed for students who plan to teach physical education at the elementary, intermediate, or secondary level. Students who receive physical education K-12 licensure may add endorsement(s) to current license. Additional course work is necessary.

The BS program in kinesiology is designed for students preparing for professional opportunities in athletic training, health behavior, sport performance, and cardiac rehabilitation settings. The program provides a rigorous program of study combining classroom, laboratory, field experiences, and a culminating internship that prepare students to become professionals in the health and fitness industry.

Transfer Options

Due to the sequencing and number of required major courses recommended for completion during the sophomore year for Physical Education majors, it may be beneficial to transfer the sophomore year. Work closely with an academic advisor.

- **Guaranteed Admission** - Provides MCC students with the opportunity for guaranteed admission to the University and academic advisement from both MCC academic advisors and NIU transfer personnel.
- **AA or AS Degree** - Transfer students who receive an AA or an AS degree from an Illinois public community college, have not previously attended NIU, are in good standing at the last college attended, and have a cumulative GPA of 2.00 or higher are guaranteed the following:
 - Minimum of 60 semester hours in transfer credit
 - Junior status
 - Lower division NIU General Education requirements satisfied (Additional course requirements may be needed for specific NIU majors.)
- **Illinois Articulation Initiative** - Transfer students who enter NIU as first time students with the IAI General Education Core Curriculum (IAI GECC) completed are considered to have completed NIU's general education requirements. Specific majors may require additional coursework.
- **For students who transfer prior to completing an AA or an AS degree or the IAI core:**
 - **NIU credit can be transferred back to MCC for completion of the AA or the AS degree. Ask your MCC academic advisor about the Reverse Transfer Agreement partnership with NIU.**
 - If only a portion of the IAI GECC is completed upon transfer, NIU will evaluate on a course by course basis to see how each course fits into NIU's General Education. The IAI GECC may not be completed at NIU.

Admission and Program Notes

- Students must be admitted to Northern Illinois University through the Office of Admissions.
- **Application deadlines:** Fall (August 1), Spring (December 1), Summer (May 15)
All required documents must be on file at NIU by the deadline dates. Early application recommended.
- **GPA Calculation** – NIU uses the sending institutions transcribed cumulative GPA for admission purposes. Certain majors require special admission grading policies.
- **Grade Requirement** – General education and major course related grade requirements vary based on intended program. For general education and major course related grade requirements, see program specific admission notes below.

Physical Education Admission Notes - Following requirements must be met prior to clinical course enrollment. (admission to KNPE343 constitutes admission to the program)

- Overall minimum NIU GPA of 2.75
- Grade of C in all foundational studies requirements (MCC equivalents: ENG151, ENG152, SPE151, IAI Math except Math 201)
- Strongly recommend completing the following prior to transfer
BIO 263 & 264
Mathematics Foundation Course – Select one of following: MAT120, 150, 165, 170, 171, 175, or 220
PSY151
- **Due to the sequencing and number of required major courses recommended for completion during the sophomore year, it may be beneficial to transfer the sophomore year.**

Kinesiology Admission Notes

- Following courses are recommended prior to transfer (C or better).

<u>NIU Course</u>	<u>MCC Course</u>
BIOS103 <u>and</u> 105	BIO157
BIO311 <u>or</u>	No equivalent <u>or</u>
BIOS357	BIO263 <u>and</u> 264
CHEM110	CHM164
ENGL103 and ENGL203	ENG151 and ENG152
Mathematics Foundation (not MATH201)	MAT120, 150, 165, 170, 171, 175, or 220
- No courses required for the major in or outside the department can be taken on a pass/fail basis.
- **With careful planning and dependent on completed course work, it is possible for students majoring in this emphasis to complete the AA degree at MCC and then to complete the baccalaureate degree at NIU in a timely manner.**
- Strongly recommend completing required science and math courses at MCC before transferring to NIU.
- The NIU Kinesiology program is direct entry. There are no additional admission requirements to begin the program. However, students must have a cumulative NIU GPA of a 2.5 or higher to complete the culminating internship experience during the final semester of coursework.

Additional Information

- **Maximum hours from a community college** - Up to 66 academic semester hours from a community college and 4 semester hours of physical education activity credits may be applied toward a degree at NIU.
- **Catalog Rule** - Students may choose the NIU catalog which was in effect when they became freshmen at their original school or any later NIU catalog, providing they were enrolled during the catalog year of their choice. The catalog year must not precede enrollment at NIU by more than three years. Students may elect to satisfy all graduation requirements from a single catalog or major and minor requirements from one and general education requirements from a second. **Please note that mandatory Illinois state standards for teacher education majors takes precedence over the Catalog Rule.**
- **Course Recommendations** are on following page.

Course Recommendations

The following table shows coursework for students who wish to complete the IAI core at MCC or who wish to complete individual courses that will transfer into NIU’s general education core. **Please note following:**

- **The IAI core and NIU’s general core are different. It is important that you select one or the other.** The IAI core satisfies NIU’s general education requirement.
- If you plan to complete MCC’s AA degree, you must complete the IAI core curriculum.

Work with an MCC advisor when selecting courses for transfer.

MCC AA Degree Requirements			
MCC Courses	Credits	MCC Courses	Credits
<u>Communications</u>		<u>Diversity & Multicultural Studies</u>	
_____ ENG151 Composition I (C or better)	3	Two 3-credit hour courses are required.	
_____ ENG152 Composition II (C or better)	3	Courses that fulfill this requirement may be used to satisfy requirements in Humanities/ Fine Arts, Social/Behavioral Sciences, or Electives. See current MCC catalog or AA planning sheet for course options.	
_____ SPE151 Intro to Speech (C or better, required for PE)	3		
<u>Humanities & Fine Arts</u>		<u>Electives</u>	
_____ IAI Humanities	3	_____ BIO263 Anatomy & Physiology I	4
_____ IAI Fine Arts	3	_____ BIO264 Anatomy & Physiology II	4
_____ IAI Humanities or Fine Arts	3	_____ HFE151 First Aid & CPR (required for Kinesiology internship, recommended for Phys Ed)	2
<u>Physical and Life Sciences</u> (one lab required)		_____ HFE150 Contemporary Health Issues (highly recommended for Physical Ed)	3
_____ BIO157 Fund. of Biology	4	_____ Additional credits to satisfy 60 required for AA degree.	60
_____ CHM164 Intro Chemistry (required for Kinesiology, recommended for Phys Ed)	3-4		
<u>Social & Behavioral Sciences</u>		TOTAL CREDITS	
_____ PSY151 Intro to Psychology	3	Minimum 60 credits required for an MCC AA degree.	
_____ IAI Social & Behavioral Science	3		
_____ IAI Social & Behavioral Science	3		
<u>Mathematics</u>			
_____ MAT120, 150, 165, 170, 171, 175, or 220	3		